

CONFERENCE PROGRAM

8:30-9:00	REGISTRATION
9:00-9:10	WELCOME AND INTRODUCTION
9:10-9:15	WELCOME TO COUNTRY
9:15-9:30	SETTING THE SCENE – AGEING MIGRANT FAMILIES FACING END OF LIFE CHALLENGES The Hon Sir James Gobbo AC
9:30-10:15	CULTURAL DIFFERENCES IN END-OF-LIFE DECISION MAKING <ul style="list-style-type: none"> • Culture, language and patient safety • Benefits of engaging patients, clients and their families • Advance care planning Professor Megan-Jane Johnstone RN, PhD Chair in Nursing Associate Head of School (Research) Director, Clinical Care, Quality and Risk Management Strategic Research Centre Deakin University
10:15-10:45	EFFECTIVE COMMUNICATION AT THE END OF LIFE – A THREE WAY CHALLENGE INVOLVING THE CLIENT, SERVICE PROFESSIONAL AND AN INTERPRETER Ms Christoula Nicolaou Greek/English Interpreter and an Advanced Translator Consultant
10:45-11:15	MORNING TEA
11:15-12:45	ROLE OF FAITH AND SPIRITUALITY AT END OF LIFE Panel session – presenters to be confirmed
12:45-1:45	LUNCH
1:45-3:15	CONCURRENT SESSION 1 <i>Accepting 'individual' cultural differences within a challenging environment such as palliative care – a Community Nursing perspective</i> Ms Michelle Clancy Royal District Nursing Service (RDNS), VIC. <i>Advance Care Planning in 3 steps (involved Turkish, Arabic, Assyrian and Chaldean language groups)</i> Dr Barbara Hayes Northern Health, VIC <i>The Long Goodbye – end of life care through strategic and culturally sensitive advanced care planning</i> Ms Kerri Dooley and Ms Ruth Rowan Spiritus, QLD

CONCURRENT SESSION 2

Development of culturally and linguistically responsive palliative care resources – a case study

Ms Linda Tan

Migrant Information Centre (Eastern Melbourne), VIC

The role of culture and ethnicity in the context of palliative care in Australia - how Taoism, Buddhism and Confucianism influence Chinese health beliefs

Ms Mary Teresa Heidenreich

South Eastern Sydney and Illawarra Area Health Service, NSW

Palliative Care: significant issues for migrants and refugees from Polish background and the newly arrived African Australian communities

Ms Suzanne Feike

Migrant Resource Centre Southern Tasmania, TAS

CONCURRENT SESSION 3

Family centred practice underpinning culturally appropriate palliative care for the Greek speaking community

Ms Stavroula Mavroudis and Mr Antonios Maglis

Australian Greek Welfare Society, VIC

Beyond Words –communication through effective manner, method and content

Ms Carol Mackay

Macarthur Diversity Services Initiative, NSW

Multi-cultural and multi-faith issues surrounding loss and grief

Ms Samantha Rennie

Tobin Brothers, VIC

3:15-3:30 AFTERNOON TEA

3:30-4:45 OVERVIEW OF KEY RESOURCES FOR PROVISION OF CULTURALLY INCLUSIVE END OF LIFE SERVICES

Presenters:

Ms Jennifer Tieman, Director

CareSearch, Flinders University, South Australia

Ms Sally Brown, Project Officer

Melbourne Citymission Palliative Care, Victoria

DEVELOPING A CULTURALLY INCLUSIVE STRATEGIC RESPONSE IN PALLIATIVE CARE SERVICES

Ms Tanja Bahro, Manager

Southern Metropolitan Palliative Care Consortium

4:45-5:00 CONFERENCE CLOSE *Performance by the Spectrum Multicultural Choir*

Disclaimer: The information included in the Conference Program is correct at the time of publishing and, in the event of unforeseen circumstances, The Centre for Cultural Diversity in Ageing reserves the right to alter or delete items.

PANEL SESSION

Role of Faith and Spirituality at the End of Life

11.15am – 12.45pm

- Importance of traditional beliefs and practices in the provision of end of life support and services
- Key beliefs that guide people's response to death and dying
- Key practices and observances at the time of dying and directly after death
- Key responses from health professionals that will provide appropriate support to the dying person and to their family

Presenters

Mr Paul Zammit, Pastoral Care Coordinator, Benetas

was born in Melbourne and is the second of five children to Mary and Carmelo who both came to Australia from Malta in the early 1950's. Paul has worked in the area of Pastoral Care for most of his life and completed a Bachelor of Theology, Master of Social Science and Certificate in Trauma and Loss along the way. Most of the 1990's were spent in Peru, South America. In recent years he has worked with Calvary Health Care Bethlehem and St Vincent's Health. Paul now works with Benetas Aged Care as Pastoral Care Coordinator and leads a team of pastoral care practitioners.

Of particular importance has been building an inclusive, multi-faith and specialist approach to pastoral and spiritual care. Together with other aspects of care, Pastoral Care seeks to be ever responsive to the voice of the older person at where they are by embracing a more contemporary, person centred and professional model of Pastoral outreach that seeks to enable the expression of spirituality and meaning making. Paul and wife, Gillian, live in inner Melbourne.

Rabbi Meir Shlomo Kluwgant, Jewish Care

was born, raised and educated in Melbourne with further Rabbinic Studies in the USA and Israel. Rabbi Kluwgant is married with 5 children and is currently the Rabbi of Jewish Care Victoria; a position he has held for 22 years.

Jewish Care is the largest provider of aged and community care services to the Jewish community of Victoria, with over 400 residential aged care clients and thousands of community care clients. Jewish care receives over 5000 calls each year from people in crisis or distress.

With senior positions on Organisation of Rabbis of Australasia and the Rabbinical Council of Victoria, Rabbi Kluwgant also holds portfolios on the Jewish Community Council of Victoria, Jewish Taskforce Against Family Violence, the Board of Melbourne Beth Din, and is a Chaplain to the Victoria Police, the National Gallery of Victoria and numerous hospitals in Melbourne. He is Chairman of two tertiary education accreditation committees.

Rabbi Kluwgant also has a background in Youth and Outreach programs and was a teacher for over a decade at Yeshivah and Beth Rivkah Colleges. He is currently a Senior Lecturer at Ohel Chana Ladies Seminary.

Father Luke Bell, St John of Kronstadt Russian Welfare Society

a Priestmonk of the Russian Orthodox Church (Abroad). Fr. Luke has previously worked as a Firefighter/Paramedic in the USA, Hospital Chaplain, Emergency Services Chaplain, Director of Health and Home Services and in Mental Health Forensics. Currently, Fr. Luke is the Community Services Manager – CPP Officer - Chaplain for St. John of Kronstadt Russian Welfare Society and is an assistant priest at the Church of Our Lady's Dormition in Dandenong.

Imam Ismail Nazir, Dandenong South Mosque

was born in Albania. He came to live in Australia with his wife, son and daughter to take on the role as Imam of the Albanian Mosque of Dandenong South three years ago. Imam Ismail Nazir completed his Islamic studies in Lahore-Pakistan to become a scholar of Islam and an Imam (leader of the prayers in the mosque). He memorised the Holy Quran and has held the title of Hafiz of Quran since 1996. He is currently the Imam of the Albanian mosque in Dandenong South.

Senior Venerable Thich Nguyen Tang, Quang Duc Monastery

Senior Venerable Thich Nguyen Tang was born in Nha Trang City, Vietnam. Leaving home to become a Novice Monk in 1980, he received his Samanera Ordination in 1985 and Bhikkhu Ordination in 1988. In 1997 he graduated as Bachelor of Buddhism before moving to Australia in 1998. He is currently the Deputy-Abbot of the Quang Duc Buddhist Monastery in the Melbourne suburb of Fawkner.

Senior Venerable Thich Nguyen Tang officially became a member of the Chaplain Council (Healthcare Chaplaincy Council of Victoria) shortly after his arrival. He regularly visits and comforts patients in the hospitals and the inmates in Victorian prisons. In 2006, he graduated and was awarded Bachelor of Sociology at Latrobe University. He has been the webmaster of the Quang Duc Website (www.quangduc.com) since its creation in May 1999. His books include *Death & Rebirth; Buddhism around the World* and *The Jade Buddha for World Peace*.

The session will be facilitated by Ms Samantha Rennie, Tobin Brothers

was born in Melbourne to a Jewish English Mother who immigrated in the 50s and an atheist 4th generation Australian father. She first trained as an Art Teacher and graduated from Melbourne University in 1988. Later she trained to be a registered nurse and after working in emergency, oncology and school nursing, completed her graduate diploma in critical care in 1998.

She has also trained as a transpersonal counsellor, hypnotherapist, reiki practitioner, NLP practitioner and kinesiologist and now has her own practice in mind/body medicine called Stepping Stones Health Solutions. She also works part time teaching undergraduate nurses at Latrobe University and is the Community Educator for Tobin Brothers Funerals. She also loves dancing, walking in nature and spending time with her son.

She is a member of the Australian Pain society, GATE pain special interest group and Australian Reiki Association.